2026 MCYFL ALL CONFERENCE INSTRUCTIONAL LEVELS WEIGHT CHART ALL WEIGHTS ARE "FF0000SET SCALE TO01+000"

LEVEL	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9
	9/12-13	9/19-20	9/26-27	10/3-4	10/10-11	10/17-18	10/24-25	10/31-11/1	11/7-8
CLINIC	108	108	108	110	110	110	110	110	111
CLINIC TAC-TAC	TACKLE TO TACKLE MUST BE IDENTIFIED - ONLY 4 ON FIELD AT SAME TIME								
		NO	OLDER	LIGHTER	IN	AMERICAN	CONFERENCE		
CLINIC older/lighter	85	85	85	87	87	87	87	87	88
	CLINIC BASE WEIGHT WITHOUT EQUIPMENT IS 100 LBS.				SPW PLAYER PLAYING DOWN MUST START @ 77 LBS- SAME GROWTH ALLOWANCI				
PRE-CLINIC	98	98	98	100	100	100	100	100	101
PRE-CLINIC TAC-TAC	TACKLE TO TACKLE MUST BE IDENTIFIED - ONLY 4 ON FIELD AT SAME TIME								
PRE-CLINIC older/lighter	74	74	74	76	76	76	76	76	77
	PRE-CLINIC BASE WEIGHT WITHOUT EQUIPMENT IS 90 LBS.				CLINIC PLAYER PLAYING DOWN MUST START @ 66 LBS- SAME GROWTH ALLOWAN				
RUMBLE	93	93	93	95	95	95	95	95	96
RUMBLE TAC-TAC	TACKLE TO TACKLE MUST BE IDENTIFIED - ONLY 4 ON FIELD AT SAME TIME								
	RUMBLE BASE WEIGHT IS 85 LBS.								

FF0000*NOTE THERE IS NO ARGUING AT WEIGH INS - ONLY COACHES DISCUSSIONS*000000

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